

**FOR IMMEDIATE RELEASE**

**Solari Counseling LLC Launches in Willoughby, Offering a Holistic Path to Healing and Hope**

**WILLOUGHBY, OH – April 15, 2023** – Solari Counseling LLC, a new private mental health practice, is proud to announce its official opening in Willoughby, Ohio. Founded and led by **Stacy Kramer, MA, LPCC-S**, the center is dedicated to a mission of "exposing darkness to the light" through a comprehensive approach to mental wellness.

Stacy Kramer brings over a decade of professional counseling experience to the community. As a highly sought-after therapist, she has built a reputation for her clinical expertise and her commitment to treating the mind, body, and spirit. This holistic philosophy ensures that every client receives personalized care designed to foster long-term resilience and emotional health.

"Being a therapist is such a gift," says Kramer. "I get to enter into peoples' lives at their most vulnerable and work with them to bring healing and hope. At Solari, we believe that no matter how deep the darkness may feel, there is always a path back to the light."

Solari Counseling LLC provides a safe, confidential environment for individuals seeking support for a wide range of mental health needs. The practice is open **Monday through Thursday from 8:00 AM to 5:00 PM**, offering convenient daytime hours for residents in the Willoughby and greater Lake County area.

**About Stacy Kramer, MA, LPCC-S:**

Stacy Kramer is a Licensed Professional Clinical Counselor with a Supervision designation. With more than ten years in the field, she specializes in integrative therapy that honors the connection between psychological health and spiritual well-being.

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